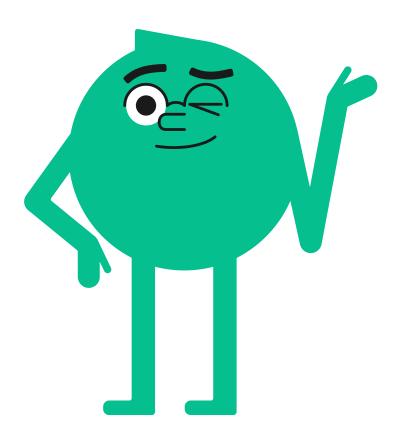
Personal notes (e.g., other questions, fears, examples of goals to work on at home)

Source: Fédération des comités de parents du Québec. "Guide d'accompagnement à l'intention des parents d'un enfant ayant des besoins particuliers, thème 5 : Le plan d'intervention." 2011. 9 pp. www.fcpq.qc.ca/sites/24577/EHDAA/guides-et-references/Theme5.pdf.

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Action plan preparation guide



It's no surprise that parents are encouraged to be directly involved in the creation of their child's action plan—they know them better than anyone. Here are some questions to reflect on to help you prepare for your first action plan meeting.

1. What are your child's abilities?	6. What internal specialists might benefit your child?
(e.g., can follow instructions, respectful of friends)	(e.g., special education technician, psychoeducator, psychologist, speech-
	language pathologist)
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2. What are your child's limitations? (e.g., lack of coordination, weak motor skills, short attention span, impulsivity)	7 What external encolations is usua child surroutly
ce.g., rack of coordination, weak motor skins, short attention span, impulsivity)	7. What external specialists is your child currently
	seeing? How often? (e.g., occupational therapist, remedial teacher, psychologist)
	(e.g., occupational therapist, remedial teacher, psychologist)
O What was seen at the stress with a	
3. What are your child's strengths? (e.g. patient, good friend)	
ce.g. patient, good mend?	8. What motivates your child?
	(e.g., offering choices, allowing them to help an adult)
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4. What's the most effective way to interact with your	
child? (e.g., speaking slowly, using positive reinforcement, using pictures to communicate)	9. Does your child take any medications? If so, which
	one(s)? (e.g., drug name, dosage, side effects)
	10. What are your child's interests?
5. What are your child's current diagnoses?	(e.g., hockey, music, painting)
(e.g., ADHD, dyslexia)	
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	and Nathanta area areas alighted to the state of the stat
	11. What are your child's dreams and plans for the
	future? (e.g., to fly a plane, become a painter)