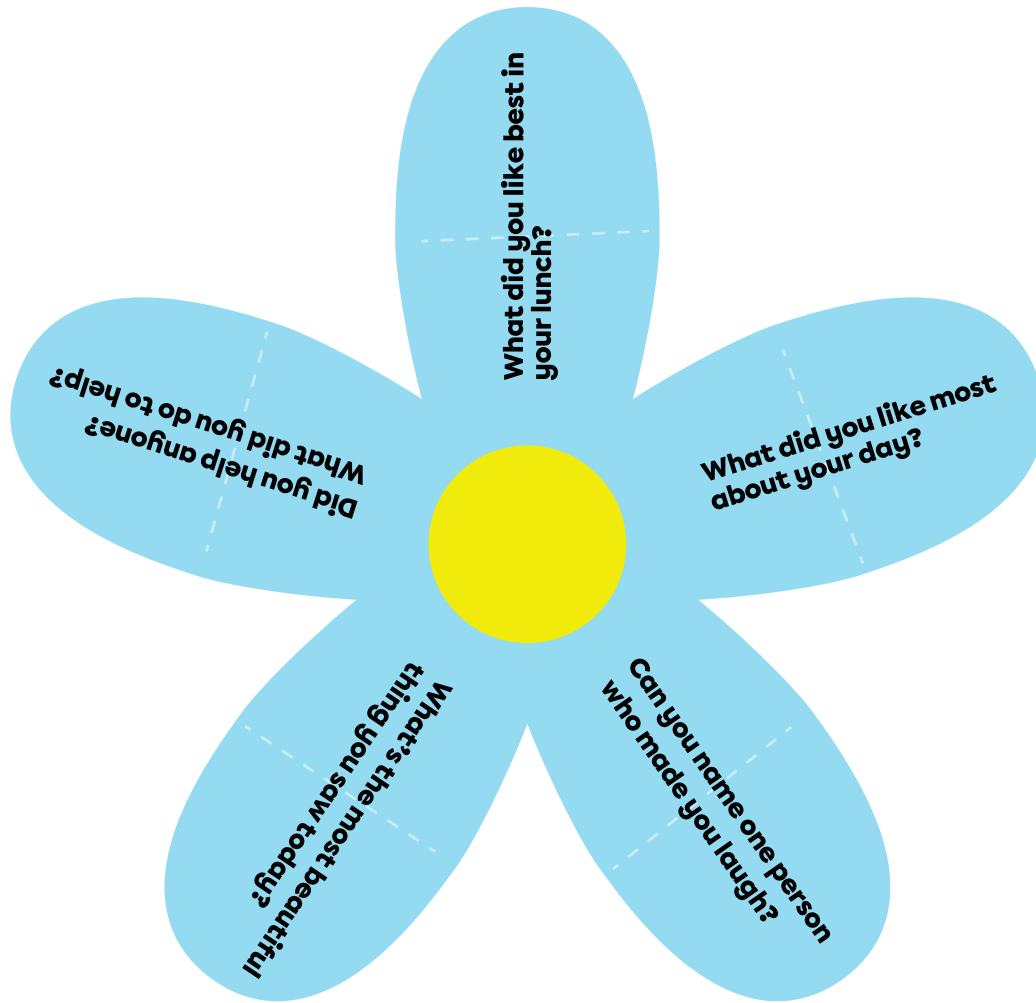
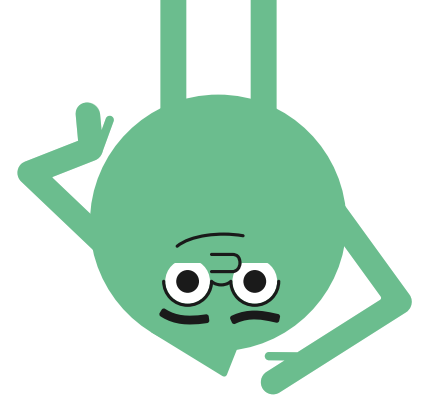


Put some flower power in your dinner hour!



Sometimes a simple conversation can make all the difference. When you talk with your child, it builds their self-confidence, promotes academic success, and strengthens the bond you have together. Those are three great reasons to put some flower power into your discussions!

Here's how:

1. Print out our flower power tool.
2. Cut out the flowers.
3. Fold the petals along the dotted line to hide the questions.
4. Attach the flower to a sturdy stem (e.g., a Popsicle stick).
5. Arrange the flowers in a pot in the centre of the table.
6. At dinner time, pick one of the flowers.
7. Unfold a petal and read the question aloud.
8. Take turns answering the question.
9. Repeat until you've opened all the petals.

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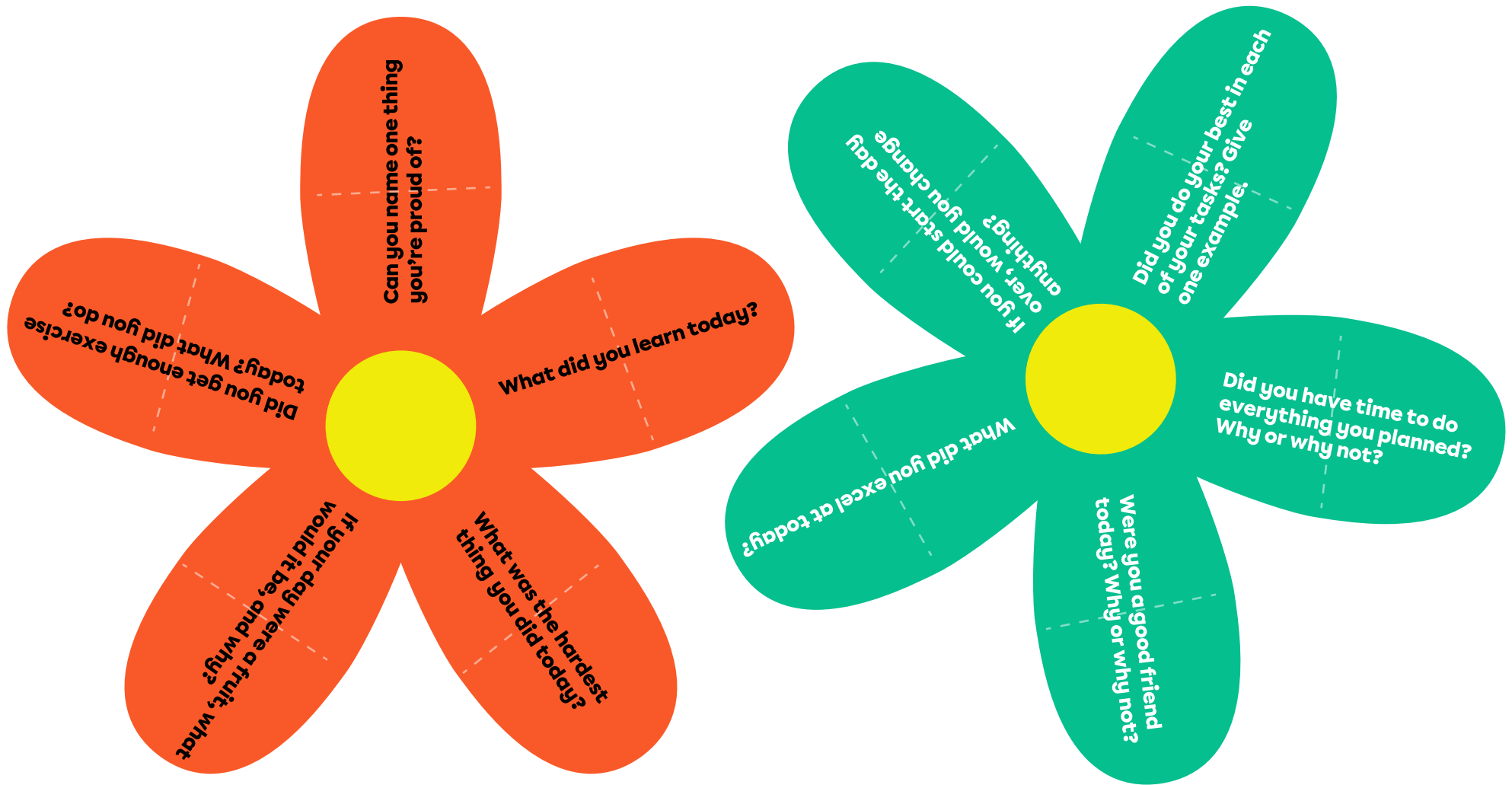
Create your own family flowers for more flower power fun!

Head to alloprof.qc.ca/en/parents for more resources.

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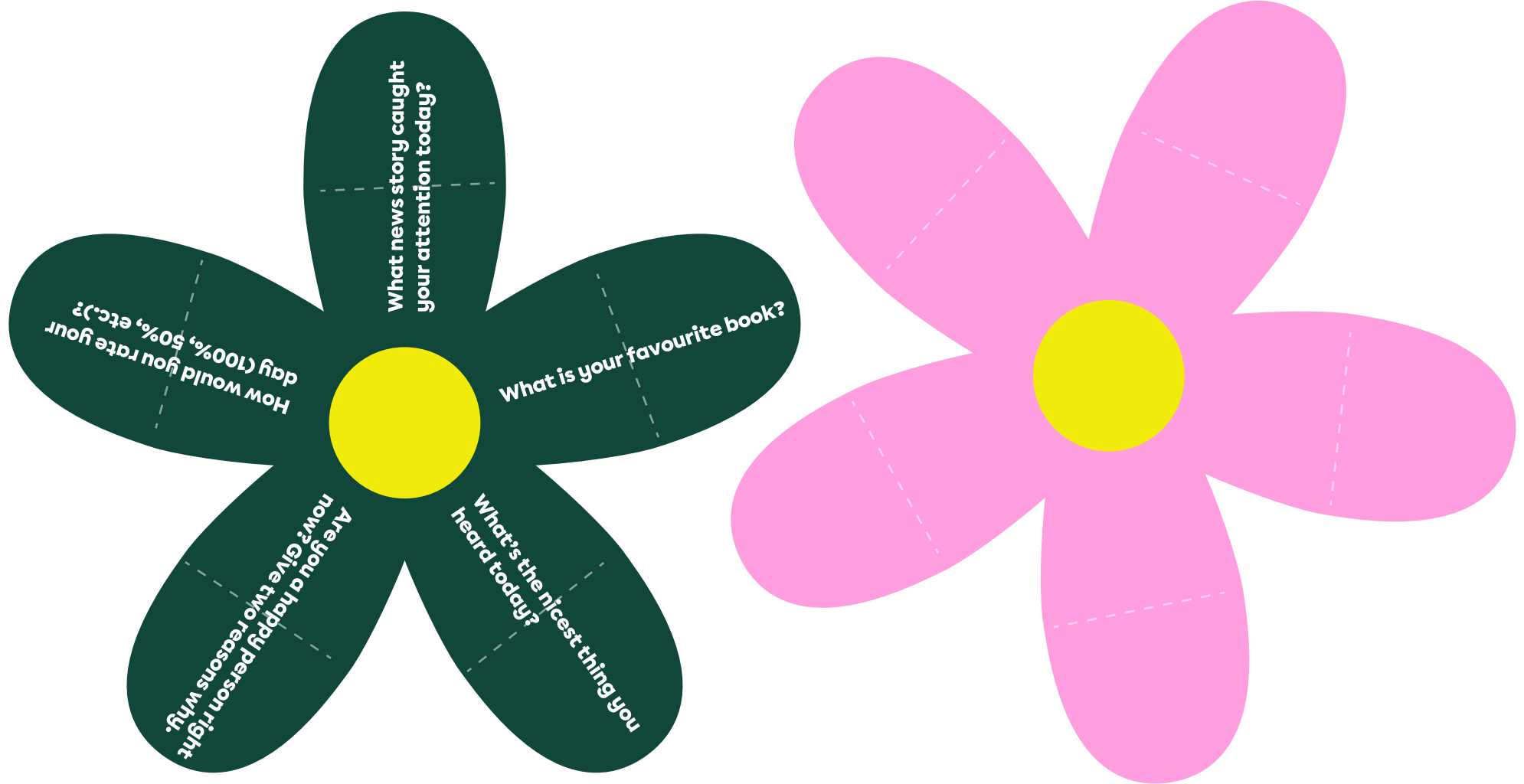
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