

# French book recommendations to help build self-confidence

12-17  
years



## JUSQU'ICI, TOUT VA BIEN (ORIGINAL TITLE: OKAY FOR NOW)

**AUTHOR:** Gary D. Schmidt  
**PUBLISHING HOUSE:** L'École des loisirs

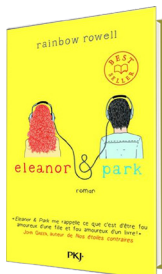
There is so much going on in Doug's life. He's just moved to a new town and started going to a new school. Is he strong enough to handle all these challenges?



## LA FOURMI ROUGE

**AUTHOR:** Émilie Chazerand  
**PUBLISHING HOUSE:** Gallimard Jeunesse

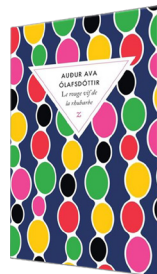
Vania feels alone, and different from the other students at her school. Then one day, she receives a cryptic message inviting her to celebrate her uniqueness through her imperfections.



## ELEANOR & PARK

**AUTHOR:** Rainbow Rowell  
**PUBLISHING HOUSE:** Pocket

Two teenage misfits fall in love, learn to believe in themselves, and gradually come out of their shells.



## LE ROUGE VIF DE LA RHUBARBE

**AUTHOR:** Audur Ava Olafsdottir  
**PUBLISHING HOUSE:** Zulma

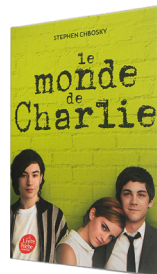
Agustina was born with a disability that makes walking difficult. But she has a dream: to climb an 844-metre Icelandic mountain.



## DEMANDEZ-LEUR LA LUNE

**AUTHOR:** Isabelle Pandazopoulos  
**PUBLISHING HOUSE:** Gallimard Jeunesse

Four teenagers have just learned that they'll have to repeat their school year. They soon meet Agathe, a passionate French teacher who enters them in a public speaking contest.



## LE MONDE DE CHARLIE (ORIGINAL TITLE: THE PERKS OF BEING A WALLFLOWER)

**AUTHOR:** Stephen Chbosky  
**PUBLISHING HOUSE:** Livre de Poche Jeunesse

The other students in Charlie's high school think he's weird, overly sensitive, and socially awkward. But with the help of his new friends and one of his teachers, he gradually comes out of his shell.



## LA THÉORIE DE L'ICEBERG

**AUTHOR:** Christopher Bouix  
**PUBLISHING HOUSE:** Gallimard Jeunesse

Six months after a serious surfing accident, Noé still suffers from the after-effects, including a terrible fear of the ocean. Now he's got to spend his summer vacation at the seaside. Fortunately, his new friend, Lorraine, is there to help.



## LES QUATRE FILLES DU DOCTEUR MARCH (ORIGINAL TITLE: LITTLE WOMEN)

**AUTHOR:** Louisa May Alcott  
**PUBLISHING HOUSE:** Folio Junior

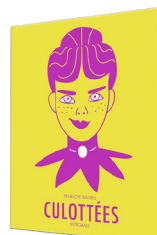
This classic novel tells the story of Meg, Jo, Amy, and Beth: four sisters who couldn't be more different from each other. They'll need both courage and confidence to fulfil their dreams at a time when being a woman was much more difficult than it is today.



## REGARDEZ-MOI DANS LES YEUX (ORIGINAL TITLE: MY EYES ARE UP HERE)

**AUTHOR:** Laura Zimmermann  
**PUBLISHING HOUSE:** Petit homme

Greer's body has changed, big time. But with time, she gains confidence in her body and in herself.



## CULOTTÉES

**AUTHOR:** Pénélope Bagieu  
**PUBLISHING HOUSE:** Gallimard

This comic book uses beautiful illustrations and funny, intelligent language to tell us about some inspiring women.