

Words that'll do a world of good and help your child do well in school!

1. Self-esteem: praise their efforts

- It makes me proud when you...
- You can do it! If you need help, I'm right here.
- You can do it—I believe in you!

2. Sense of belonging: remind them how much they mean to you

- You are important and you matter in my life.
- What would you like to do in the next 15 minutes? I'm all yours!
- You will always have a place in our lives.

Emotional bond: be affectionate and open

- I love you, you are unique, and you are important to me.
- I like it when we give each other hugs and kisses!
- Come here so I can give you a big hug!

4. Value: acknowledge their strengths and help them overcome challenges

- Great job! That took a lot of (specify quality)!
- What's easier for you? Why?
- What do you think you did well today?

5. Personality: develop their judgment and critical thinking skills

- What do you think? What do you prefer? Why?
- What did you like? What didn't you like?
- It's your choice!

