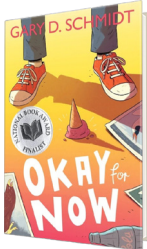


# Book recommendations to help build self-confidence

12-17 years



## OKAY FOR NOW

**AUTHOR:** Gary D. Schmidt

**PUBLISHING HOUSE:** Houghton Mifflin Harcourt

There is so much going on in Doug's life. He's just moved to a new town and started going to a new school. Is he strong enough to handle all these challenges?

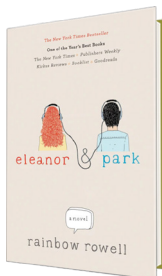


## LA FOURMI ROUGE (FRENCH ONLY)

**AUTHOR:** Émilie Chazerand

**PUBLISHING HOUSE:** Gallimard Jeunesse

Vania feels alone, and different from the other students at her school. Then one day, she receives a cryptic message inviting her to celebrate her uniqueness through her imperfections.

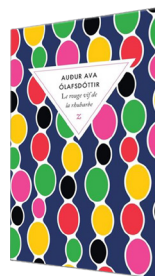


## ELEANOR & PARK

**AUTHOR:** Rainbow Rowell

**PUBLISHING HOUSE:** St. Martin's Publishing Group

Two teenage misfits fall in love, learn to believe in themselves, and gradually come out of their shells.



## LE ROUGE VIF DE LA RHUBARBE (ORIGINAL TITLE : UPPHÆKKUÐ JÖRÐ)

**AUTHOR:** Audur Ava Olafsdottir

**PUBLISHING HOUSE:** Zulma

Agustina was born with a disability that makes walking difficult. But she has a dream: to climb an 844-metre Icelandic mountain.



## DEMANDEZ-LEUR LA LUNE (FRENCH ONLY)

**AUTHOR:** Isabelle Pandazopoulos

**PUBLISHING HOUSE:** Gallimard Jeunesse

Four teenagers have just learned that they'll have to repeat their school year. They soon meet Agathe, a passionate French teacher who enters them in a public speaking contest.

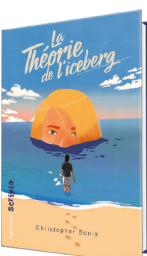


## THE PERKS OF BEING A WALLFLOWER

**AUTHOR:** Stephen Chbosky

**PUBLISHING HOUSE:** Mtv Books

Charlie's teachers think he's a genius, but his new classmates just think he's weird. One day, he's befriended by two seniors who introduce him to the world of parties and girls.

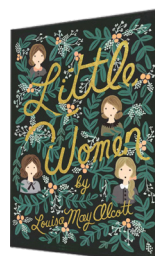


## LA THÉORIE DE L'ICEBERG (FRENCH ONLY)

**AUTHOR:** Christopher Bouix

**PUBLISHING HOUSE:** Gallimard Jeunesse

Six months after a serious surfing accident, Noé still suffers from the after-effects, including a terrible fear of the ocean. Now he's got to spend his summer vacation at the seaside. Fortunately, his new friend, Lorraine, is there to help.



## LITTLE WOMEN

**AUTHOR:** Louisa May Alcott

**PUBLISHING HOUSE:** Penguin Young Readers Group

This classic novel tells the story of Meg, Jo, Amy, and Beth: four sisters who couldn't be more different from each other. They'll need both courage and confidence to fulfil their dreams at a time when being a woman was much more difficult than it is today.



## MY EYES ARE UP HERE

**AUTHOR:** Laura Zimmermann

**PUBLISHING HOUSE:** Penguin Young Readers Group

Greer's body has changed, big time. But with time, she gains confidence in her body and in herself.



## BRAZEN: REBEL LADIES WHO ROCKED THE WORLD (ORIGINAL TITLE : CULOTTÉES)

**AUTHOR:** Pénélope Bagieu

**PUBLISHING HOUSE:** First second

This comic book uses beautiful illustrations and funny, intelligent language to tell us about some inspiring women.