

Recommended French books that encourage self-acceptance

12-17 years



WONDER

AUTHOR : R.J. Palacio
ÉDITIONS : Oxford University Press

August est né avec une malformation faciale. Aujourd'hui, il va aller à l'école pour la première fois. Saura-t-il surmonter les défis que cela implique?



DUMPLIN'

AUTHOR : Julie Murphy
ÉDITIONS : HarperCollins

Yes, Willowdean is curvy, but she doesn't let that hold her back! When she meets Bo, however, she begins to doubt herself and decides to enter a beauty contest to regain her self-confidence.



CECI EST MON CORPS (FRENCH ONLY)

AUTHORS : Collectif
PUBLISHING HOUSE : Rageot

This beautiful book contains six feminist stories celebrating self-acceptance.



CHIMIE 501 (FRENCH ONLY)

AUTHOR : Josée De Angelis
PUBLISHING HOUSE : Les Malins

To forget Jennifer and his heartache, Nic agrees to follow his mother to Montreal to finish high school. But the arrival of a charming boy upsets his plans . . . and his identity.



COMBATTRE LA NUIT UNE ÉTOILE À LA FOIS (FRENCH ONLY)

AUTHOR : Samuel Larochelle
PUBLISHING HOUSE : Héritage

This graphic novel tells the story of two brothers who are constantly at odds within a dysfunctional family. Poignant and poetic.



JE SUIS UN PHÉNOMÈNE (FRENCH ONLY)

AUTHOR : Elisabeth Atkinson
PUBLISHING HOUSE : Alice

At all of 12 years old, Faye feels like an alien. Her name, her height, her hippie mother, and her absent father are just a few of the things that make her life difficult.



LE BAL DE BÉA GROS-BRAS (FRENCH ONLY)

AUTHOR : Marie-Josée L'hérault
PUBLISHING HOUSE : Pierre Tisseyre

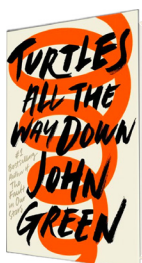
Beatrice has a secret: she is very, very strong. With prom coming up, she wants to find a date fast—but without revealing her talent.



CIEL

AUTHOR : Sophie Labelle
PUBLISHING HOUSE : Second Story Press

Ciel, a young trans-gender teen, is starting high school. Between her long-distance relationship with Eiríkur, her Icelandic lover, and the challenges of her new school, how will she find time to breathe? A delightful comic book featuring warm and distinctive characters.



TURTLES ALL THE WAY DOWN

AUTHOR : John Green
PUBLISHING HOUSE : Penguin Young Readers Group

Aza, who struggles with obsessive thoughts, and her friend Daisy try to solve the riddle of a runaway billionaire named Russell Pickett. Bit by bit, their adventure starts turning into an epic identity quest.



LE BOULEVARD (FRENCH ONLY)

AUTHOR : Jean-François Sénéchal
PUBLISHING HOUSE : Leméac

When his mother abandons him, Chris starts to hang out at the businesses on the boulevard near his home. The people of this small community gradually become his new family and support him as he learns to accept his disability and his troubled family background.