

Recommended French books that encourage self-acceptance

6-11 years



COMME UNE PRINCESSE (FRENCH ONLY)

AUTHORS : Brigitte Minne et Merel Eyckerman
PUBLISHING HOUSE : Talents Hauts

Marie's dad tries to convince her that all girls can be princesses, however different they are.



RILEY CAN'T STOP CRYING

AUTHORS : Agathe Bray-Bourret et Stéphanie Boulay
PUBLISHING HOUSE : Orca Book Publishers

This book is the perfect way to address gender identity with young children. Sensitive and warm, it will appeal to the whole family.



LE COUP DE LA GIRAFE (FRENCH ONLY)

AUTHORS : Camille Bouchard et Carl Pelletier
PUBLISHING HOUSE : Soulières Éditeur

Jacob isn't like everyone else. He's 15 years old, but as his doctor explains, he has the mind of a 6-year-old. Jacob is bullied every day by his classmates, but at least he can count on his friend Chloe.



SUPERLUMINOUS

AUTHOR : Ian De Haes
PUBLISHING HOUSE : Annick Press

Nour is very bright. Literally. She constantly radiates a dazzling light, which can be super convenient—or super annoying.



THE WITCH BOY

AUTHOR : Molly Knox Ostertag
PUBLISHING HOUSE : Scholastic

Aster lives in a community where all the girls become witches and all the boys become shapeshifters. Although destined to become a shapeshifter, Aster feels irresistibly drawn to witchcraft.



LA PETITE CASSEROLE D'ANATOLE (FRENCH ONLY)

AUTHOR : Isabelle Carrier
PUBLISHING HOUSE : Bilboquet

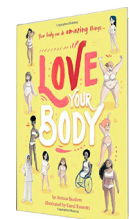
Anatole is constantly dragging around a little saucepan (not by choice). Where did it come from? Total mystery. How can Anatole get rid of it? He has no idea.



OLIVIER VEUT DEVENIR UNE SUPERMACHINE (FRENCH ONLY)

AUTHORS : Marie-Michèle Ricard et Audrey St-Arneauld
PUBLISHING HOUSE : Midi Trente

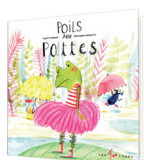
This educational book addresses how children develop a healthy body image. Olivier's story is interspersed with self-awareness activities, and there's also a section for parents and teachers.



LOVE YOUR BODY

AUTHORS : Jessica Sanders et Carol Rossetti
PUBLISHING HOUSE : Frances Lincoln Children's Books

This wonderful book encourages young girls to appreciate and celebrate their bodies. It offers tips on how to build self-esteem, even when you're different.



POILS AUX PATTES (FRENCH ONLY)

AUTHORS : Ingrid Chabbert et Bérangère Delaporte
PUBLISHING HOUSE : Les 400 coups

Gertrude the frog hates her hairy feet. The other frogs mock her, so she decides to move to another pond. Along the way, she meets a kind pink toad who helps her embrace her uniqueness.



LE PELLETEUR DE NUAGES (FRENCH ONLY)

AUTHORS : Simon Boulérice et Josée Bisaillon
PUBLISHING HOUSE : La courte échelle

Although they look like little clouds, Elliot doesn't like the white spots on his hands one bit, and they keep getting bigger every day. Fortunately, he can count on his own creativity and his father's love to learn to accept this part of himself.