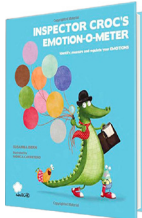


Book Suggestions on Learning How to Name our Emotions

6-11
years



INSPECTOR CROC'S EMOTION-O-METER

AUTHOR : Susanna Isern & Monica Carretero
PUBLISHING HOUSE : NubeOcho

Inspector Croc is a great detective of emotions. Everyone in Forestville calls him when they feel overwhelmed.



THE BAD MOOD AND THE STICK

AUTHOR : Lemony Snicket
PUBLISHING HOUSE : Tundra

This is the story of a bad mood and a stick that fell from a tree. Where did the bad mood come from? Who picked up the stick? You'll have to read the book to find out!



WHAT FEELINGS DO WHEN NO ONE'S LOOKING

AUTHOR : Tina Oziewicz et Aleksandra Zajac
PUBLISHING HOUSE : Steerforth Press

This book explores 31 colourful characters that represent the different emotions your child experiences on a daily basis.



SIMON STEPS INTO THE RING

AUTHOR : Marylène Monette
PUBLISHING HOUSE : Orca Book Publishers

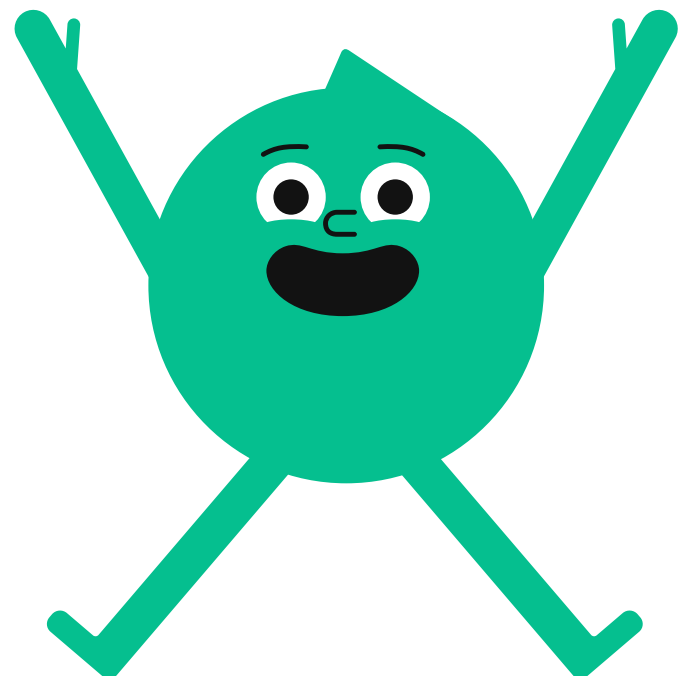
When Simon gets carried away, he imagines his emotions in a boxing ring. Who will win the match?



WHEN YOU'RE SCARED

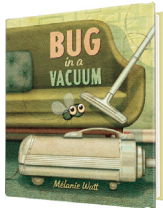
AUTHOR : Andrée Poulin
PUBLISHING HOUSE : Owlkids Books

This beautifully illustrated book tells the parallel stories of a boy and a scared little bear cub who meet in the forest.



Book Suggestions on Learning How to Name our Emotions

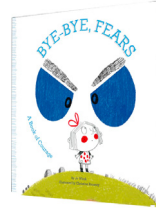
6-11
years



BUG IN A VACUUM

AUTHOR : Mélanie Watt
PUBLISHING HOUSE : Tundra

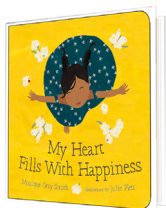
This funny, poignant story follows a small fly that gets caught in a vacuum cleaner and goes through the five stages of grief as it comes to terms with its fate.



BYE BYE FEARS : A BOOK ABOUT COURAGE

AUTHOR : Jo Witek & Christine Roussey
PUBLISHING HOUSE : Abrams Appleseed

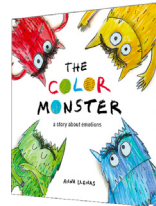
Life for little kids can be full of big and little fears. But over time, their fear fades and their courage grows.



MY HEART FILLS WITH HAPPINESS

AUTHOR : Monique Gray Smith & Julie Flett
PUBLISHING HOUSE : Orca Book Publishers

What fills you with joy? The sun on your face? The smell of baking bread? Holding the hand of someone you love? This beautiful board book reminds us that no matter how old we are, it's good to remember the things that bring us happiness.



THE COLOR MONSTER : A STORY ABOUT EMOTIONS

AUTHOR : Anna Llenas
PUBLISHING HOUSE : Little, Brown Books
for Young Readers

Color Monster is all mixed up: he no longer recognizes his emotions! Will he be able to figure them out?



SIMON AND THE BIG, BAD, ANGRY BEASTS

AUTHOR : Ian De Haes
PUBLISHING HOUSE : Westminster John Knox Press

When Simon gets mad, he gets so mad that big, bad, angry beasts appear. When his friends start becoming scared of him, Simon has to figure out the best way to cope with his emotions.

