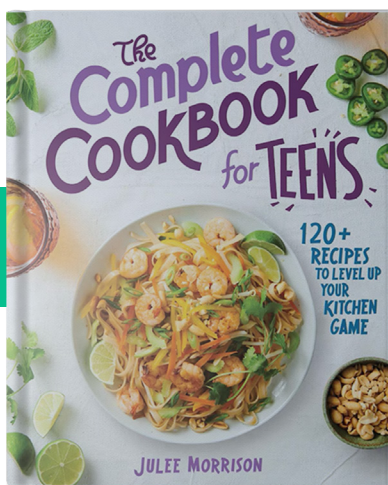


Book Recommendations for Having Fun with Cooking

FOR
HIGH
SCHOOL



THE COMPLETE COOKBOOK FOR TEENS

AUTHOR(S):

Julee Morrison

PUBLISHING HOUSE:

Callisto Publishing

12 to 16 years

Acquiring cooking skills is more than just a pathway to healthy eating—it fosters a spirit of culinary curiosity, nurtures imagination, and boosts confidence. The Complete Cookbook for Teens teaches budding chefs a variety of culinary techniques through clear guidance, helpful hints, and over 120 straightforward recipes. Young culinary enthusiasts will discover how to accurately follow recipes, set up their cooking space, maintain cleanliness during food preparation, artistically present their creations, and much more.

TEEN BAKING BOOTCAMP: 60 ESSENTIAL RECIPES TO TAKE YOU FROM AMATEUR TO PRO

AUTHOR(S):

Matthew Merrill

PUBLISHING HOUSE:

Page Street Publishing

12 to 16 years

Let your teen conquer the kitchen oven and ditch the boxed cake mix thanks to the guidance of teen baking sensation and influencer Matthew Merrill. Matthew will guide your teen through avoiding the common mistakes he encountered as a young baker, paving a smoother journey to becoming a self-taught pastry chef. Each recipe includes a difficulty rating, allowing your teen to progress through the book as if it were a comprehensive baking course.

1/4

These suggestions can be adapted to the child and their preferences.

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Book Recommendations for Having Fun with Cooking

FOR
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THE TEEN KITCHEN: RECIPES WE LOVE TO COOK

AUTHOR(S):

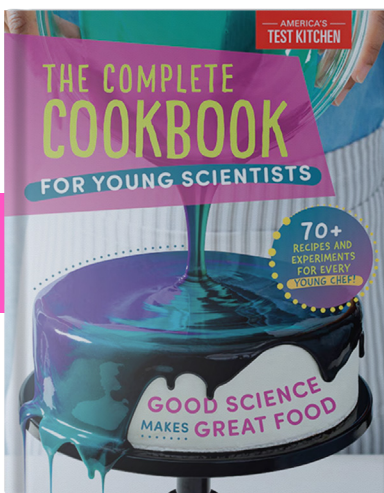
Emily Allen and Lyla Allen

PUBLISHING HOUSE:

Clarkson Potter/Ten Speed

12 to 16 years

Twin sisters Lyla and Emily Allen have been writing cookbooks since they were nine years old. Their extensive cooking experience enables them to reassure novices and aspiring chefs with ease, thanks to their friendly guidance, engaging photos, and clear, step-by-step instructions. They introduce readers to the fundamental tools required for a young cook, offer tips on how to stay safe in the kitchen, and explain a range of culinary techniques, from knife skills to ingredient substitutions. Additionally, they share advice on capturing the perfect food photographs for teens eager to share their culinary creations on social media



THE COMPLETE COOKBOOK FOR YOUNG SCIENTISTS: GOOD SCIENCE MAKES GREAT FOOD

AUTHOR(S):

America's Test Kitchen Kids

PUBLISHING HOUSE:

America's Test Kitchen

12 to 14 years

What makes popcorn kernels pop? What's the secret behind some cheeses melting? Let your teen delve into these mysteries (and impress you!) by whipping up the ultimate pan pizza, effortless chocolate-covered popcorn, and a stellar mirror-glazed cake... among other delightful recipes! The Complete Cookbook for Young Scientists empowers budding scientists and novice cooks to navigate the culinary realm with assurance, take pride in their culinary creations, and pick up fundamental principles of food science in the process.

2/4

These suggestions can be adapted to the child and their preferences.

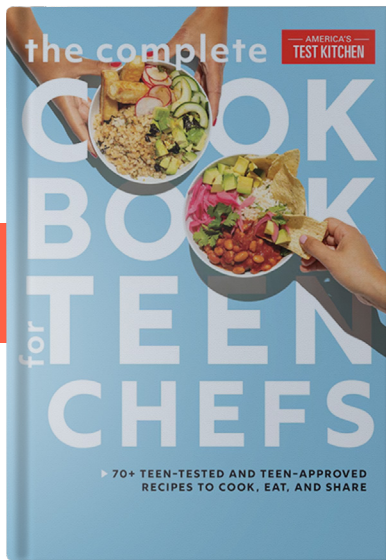
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Book Recommendations for Having Fun with Cooking

FOR
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SCHOOL



THE COMPLETE COOKBOOK FOR TEEN CHEFS: 70+ TEEN-TESTED AND TEEN-APPROVED RECIPES TO COOK, EAT AND SHARE

AUTHOR(S):

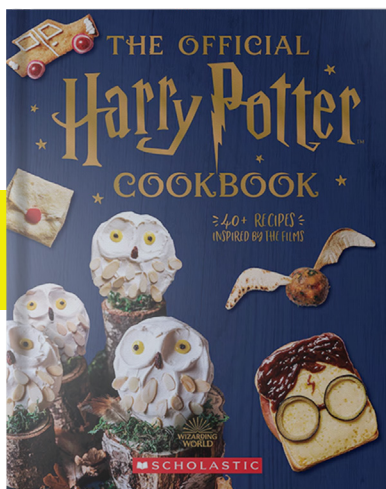
America's Test Kitchen Kids

PUBLISHING HOUSE:

America's Test Kitchen

12 to 17 years

Whether a teenager is aiming to craft some reel-worthy sticky buns or whip up a quick egg and cheese sandwich for breakfast before heading to school, *The Complete Cookbook for Teenage Chefs* offers a variety of options suitable for different tastes. The cookbook presents a range of recipes from biang biang mian (hand-pulled noodles) to arepas, congee, and apple cider donuts. It helps teens understand the science behind the recipes and provides tips on how to enhance their culinary creations. The recipes in the book were home-tested by thousands of teens and included only if at least 80% approved them.



THE OFFICIAL HARRY POTTER COOKBOOK

AUTHOR(S):

Wizarling World

PUBLISHING HOUSE:

Scholastic

12 to 14 years

Young chefs will embark on a culinary journey through Hogwarts and beyond with this official recipe book inspired by the Harry Potter movies. Featuring over 40 sweet and savoury recipes, this beautifully illustrated book includes vibrant full-colour photos to guide your teen in making everything from snacks to desserts, drinks, and grand feast dishes.

3/4

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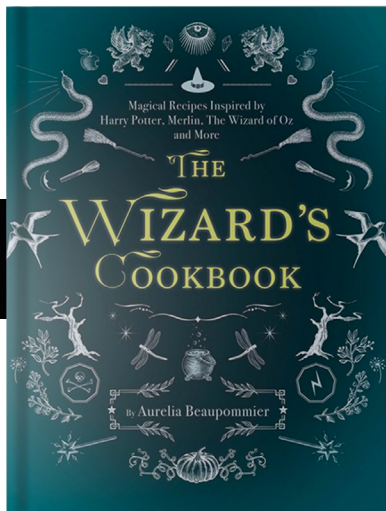
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Book Recommendations for Having Fun with Cooking

FOR
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SCHOOL



THE WIZARD'S COOKBOOK

AUTHOR(S):

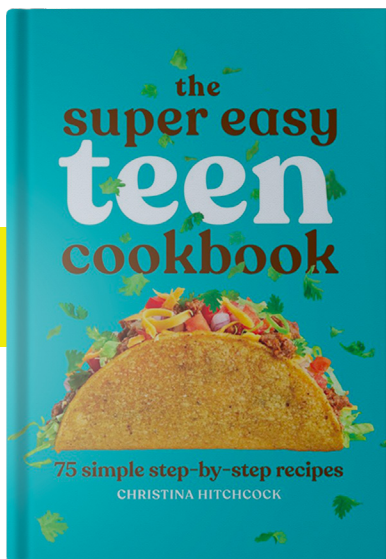
Aurélia Beaupommier

PUBLISHING HOUSE:

Skyhorse

12 to 17 years

With a simple wave of a magic wand, teens will dive into feasts that are as delicious as they are enchanting. From Houdini to Dumbledore, from Merlin to Mary Poppins, these mythical characters share their tastiest tips for whipping up extraordinary and spellbinding snacks in this recipe book.



THE SUPER EASY TEEN COOKBOOK

AUTHOR(S):

Christina Hitchcock

PUBLISHING HOUSE:

Callisto Publishing

12 to 15 years

Whether your kid is already skilled in the kitchen, or their culinary abilities are confined to microwave use, they can now craft their own delicious homemade dishes! The Super Easy Teen Cookbook is filled with a variety of recipes for breakfast, lunch, dinner, desserts, and snacks that are simple to prepare, even for those without any cooking background. This teen-focused cookbook provides clear, step-by-step directions and calls for common, budget-friendly ingredients. There's no need for complex preparation, no dull tastes, and no adult assistance necessary—just a collection of homemade favourites like fluffy chocolate chip pancakes, vegetarian miso ramen, and Parmesan-crusted chicken. Get ready for your teen to whip up something scrumptious!

4/4

These suggestions can be adapted to the child and their preferences.

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