

# 100 Notes to Leave in Your Child's Lunch Box!

## Brighten Their Day and Boost Their Morale



I can't wait to see you tonight! A pair of eyes with large, white, circular pupils and black outlines, looking slightly upwards and to the right.

Surprise!  
Have a wonderful  
day,  
sweetheart! A colorful rainbow with pink, yellow, and blue segments, ending in a white outline.

Hey there!  
Just wanted  
to say  
I love you! A blue diamond with a black outline and small white stars above it.



I can't wait to hear all  
about your day!

You're doing great! Two yellow hands with black outlines, clapping together.



This weekend,  
let's spend a whole  
day together!

Always  
know that  
I love you! A simple red heart with a black outline.



You're so lucky  
to have such  
great  
classmates! A stylized flame with orange and yellow flames and a black outline.

Your day is off to a great start! A large pink arrow pointing to the right.

Keep up the amazing work! Two pink flexing biceps with black outlines and small white stars above them.

Bon  
appétit! A hand holding a fork with three pink stars above it.

I love you and  
will always  
be here  
for you! The word "WOW" in a bold, black, sans-serif font with a white outline and a black shadow.

Have a great  
day at school  
with your  
friends! Two teal hands with black outlines, clapping together.

I hope you  
enjoy  
your lunch! A simple orange lunch bag with a white rectangular window.

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I love your smile!



Have a great day!



Keep it up,  
you're doing  
great!



Show off that  
smile—it's a  
beautiful day  
and I love you!



Trade this note for  
a cup of hot chocolate  
tonight!



What special activity  
do you feel like doing  
tonight?



What's your  
favourite  
subject today?

WOW



I love you so much!



Always remember that you're allowed  
to make mistakes!



You're incredible!



Don't hide that smile  
—it's a wonderful  
day!

WOW

I'm looking forward  
to reading you  
a story  
tonight!



Try your best  
you can do it!



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You're my little sunshine! 

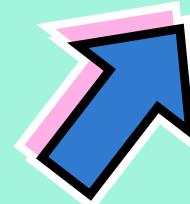
What are you excited to tell me about tonight?

I believe in  
you—always  
remember  
that! 



It's important  
to make time  
for laughter! 

You can count on me,  
even when the going  
gets tough!



Don't worry,  
everybody makes  
mistakes!

Sending you  
lots of hugs  
and kisses! 

Tonight, we're going to  
relax and have fun  
together,  
sound good? 

I hope you have the best day! 

Always know that I'm here for you! 

If you feel  
homesick, just  
remember that  
I'm thinking of you! 

I believe  
in you  
you can do it! 

I love your sense  
of humour! 

I'm amazed  
by your  
creativity! 

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Have an incredible day!



I love how you see the world!



Keep reaching for the stars!



Don't forget that every little step counts!



I'm so proud of you!



You always know how to make me laugh!



Slow and steady wins the race!



I'm so proud of how hard you're working!



I love you to the moon and back!



**WOW**

You're doing so well!

Bravo, you're such a hard worker!



Your work is top-notch!



You mean the world to me!  
I love you



See you after school!



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I love your positive energy!

Did you know that I smile whenever I think of you?

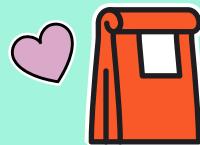


Keep up the amazing work!



Even when I'm not physically there, I'm with you in spirit!

I know you can do it!



We have the same lunch today: it's almost like we're together!

I'll be thinking of you during your oral presentation. You'll do great!



You are responsible, and that's a wonderful quality!



Chin up, I promise things will get better.



You're my shooting star!

You have everything you need to succeed. I believe in you!

I hope everything's going your way today!

I'll be thinking of you as you write your test!

During your test, just remember to stay calm, and everything will be okay!

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I love you! Have a wonderful day!

You have the best attitude!

You have such a great work ethic!

I'm so grateful to have you in my life!

I'm sending you a day of sunshine!

Remember: anything is possible when you work hard and have the right attitude!



You inspire me!



If you finish your homework before dinner, you'll have the whole evening free!



I'm blown away by your hard work!

Remember to breathe



You're making marvellous strides!



**WOW**  
I declare tonight No Homework Night!

You're getting more organized every day!

The world wouldn't be the same without you!

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I'm amazed by your work ethic! 

I'll always be here for you! 

Never forget, you're an incredible person you are! 

Remember that all you can do is your best! 

Your success is in your hands, and you'll always have our support! 

Visualize your dreams and do all you can to make them come true! 

Did you enjoy recess? 

It's okay to ask questions if you don't understand. 

You have a wonderful attitude that will take you far! 

 I believe in you! 

 What did you succeed at today?

Bravo! You never gave up. 

How about we play a board game tonight? 

No matter what happens, I know you gave it your all! 

You know how to make the right decisions! 

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